Today will be an amazing day for me. I am so happy to be alive. I know the universe will be good to me today. Today I am focused on my goals. I can achieve anything I set my mind to. I am grateful for this wonderful new day.

对我而言，今天是美妙的一天。活着真好。我知道，今天，世界会善待我。今天，我专注于自己的目标。只要我下定决心，我就能做成任何事。我对这新的一天心怀感激。  
Today I will succeed at everything I do. I am loved and blessed by the universe. Today I will take positive action toward my goals. Today I will spread kindness and positivity. I am open to growth and learning. Today I welcome new experiences and new opportunities. Today I welcome abundance and prosperity. Each new day is a gift, and I cherish it.

今天，我做任何事情，都会成功。世界关爱我，世界祝福我。今天，我会采取积极的行动，去实现自己的目标。今天，我会传播善意和正能量。我愿意成长，我乐于学习。今天，我拥抱新的经历，新的机遇。今天，我拥抱富足，拥抱兴盛。每一个新的日子，都是一份礼物，我很珍惜它。  
Today I will create a wonderful new future. Today I feel healthy and strong. I will overcome any challenge I face today. Today I am thankful for all I have. I will attract only good things to me today. Today I am unstoppable. Today will be an amazing day for me. I am so happy to be alive. I know the universe will be good to me today.

今天，我会创造一个美好的未来。今天，我感到健康，我感到强壮。今天，我会克服任何挑战。今天，我感激自己拥有的所有东西。今天，我会吸引美好的事物。今天，我势不可挡。于我而言，今天是美好的一天。活着真好。我知道，今天，世界会善待我。  
Today I am focused on my goals. I can achieve anything I set my mind to. I am grateful for this wonderful new day. Today I will succeed at everything I do. I am loved and blessed by the universe. Today I will take positive action toward my goals. Today I will spread kindness and positivity. I am open to growth and learning. 今天，我专注于实现自己的目标。只要我下定决心，我就能做成任何事情。我对这美好的一天心怀感激。今天，我做任何事都会成功。这个世界关爱我，这个世界祝福我。今天，为了实现目标，我会积极地行动。今天，我会传播善意和正能量。我愿意成长，我乐于学习。  
Today I welcome new experiences and new opportunities. Today I welcome abundance and prosperity. Each new day is a gift, and I cherish it. Today I will create a wonderful new future. Today I feel healthy and strong. I will overcome any challenge I face today. Today I am thankful for all I have. I will attract only good things to me today.

今天，我拥抱新的经历，拥抱新的机遇。今天，我拥抱富足，拥抱兴盛。每个新的日子，都是礼物，我很珍惜它。今天，我会创造美好的未来。今天，我感到健康和强壮。我会克服今天面临的任何困难。今天，我对自己拥有的东西心怀感激。今天，我会吸引美好的事物。